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NEW PATIENT APPOINTMENTS

1. **Please do not take any oral or nasal antihistamines 5-7 days before appointment.** If you are taking it, you can still be seen, but no testing can be done. Another appointment can be set up for testing only.

Oral antihistamines: Loratidine (Claritin, Alavert, Loredamed), Fexofenadine (Allegra), Cetirizine (Zyrtec), Levocetirizine (Xyzal), AlleRx, Desloratidine (Clarinex), Diphenhydramine (Benadryl), Hydroxyzine (Atarax, Vistaril), Chlorpheniramine (Chlor-Trimeton, Chlorphen), Tripolidine (Actifed, Peditex), Azatadine (Trinalin), Brompheniramine (in many cold medications such as Dimetapp and Bromfed), Dexbrompheniramine (Drixoral)

Many over-the-counter cough and cold medications contain antihistamines.

Nasal antihistamines: Azelastine (Astelin, Astepro), Olopatadine (Patanase), Dymista

Please make sure you tell us all medications you are taking. We ask this because some medications may affect skin test results.

You should continue to take the following medications:

- a. **All asthma medications** (Inhalers, Singulair, etc...)
 - b. Oral steroids (Prednisone, Medrol, etc...)
 - c. Prescription nasal medications (Flonase, Nasonex, Veramyst, etc...) with the exception of nasal antihistamines as mentioned above
 - d. Decongestants that are not combined with an antihistamine (e.g. Sudafed)
 - e. Antibiotics
 - f. All other non-allergy medications
2. Appointment may be 1.5-2 hours if skin testing is done.
 3. Please bring paperwork, co-pay, insurance card, and driver's license.
 4. **We have the right to apply a \$50.00 charge to your account for failing to give us 24 hours notice of cancellation or not showing for appointment.**